

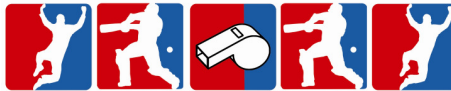


KIDZKOACHING



COACHING CONCEPTS
Sports Management

THE PHYSICAL EDUCATION BRAND MANAGEMENT SPECIALISTS



KIDZKOACHING

KIDZCRICKET

Coach Academy

Elite Cricket Academy

Game Time



Dear Parents

Welcome to KIDZKOACHING!

As a Grade 0000/000/00 and R learner at 345 Nursery School/Carlswald House Preparatory School, your son/daughter will be participating in the **KIDZKOACHING Junior Physical Education Programme** for 2015.

What is KIDZKOACHING?

The KIDZKOACHING Junior Physical Education & Skills Development Programme underwent an initial three year research period before being launched in 2000 and has been designed to give our members a development programme that is both comprehensive as well as effective.

Born out of a need to give our children the start that is so important in the successful development of their fundamental movement skills, our development programme is specifically designed to enhance the attitude of a young person toward him/herself.

Using area-specific games and exercises, our development programme aids and enhances all the essential aspects of a child's physical development that will equip him/her with the skills that are so important in leading a healthy and active lifestyle.

Our Mission Statement

- To instil in our children, an ethos of active participation and mutual respect of fair play through the coaching and teaching of the basics of various sporting disciplines.
- To develop, to the best of OUR ability, the fundamental skills that are required to mould our members into well-rounded and balanced individuals.
- Our focus is one of sporting-based, physical and emotional development.

Foundation Training

As with the construction of a house, regardless of what happens in the actual structure, if the foundations are weak, the house itself will never be strong. The skills that we focus on in our lesson modules are all considered foundation skills.

Essentially, our development programme provides our members with a foundation of skills that they can use with efficiency, competence and confidence. Of all the sporting codes that exist today, a core of skills is needed to participate in that sport.

Every sport requires different types of skills but there are a number of these skills that are common to all sports...these are the skills that make up foundation training.

We are very proud of the fact that the KIDZKOACHING Junior Physical Education & Skills Development Programme is endorsed by the Sports Science Institute of South Africa and we are Official Play Partners of the SuperSport Let's Play Initiative.

Parent Interaction

Please be advised that parents are welcome to come and watch our classes at any time. All we ask is that you try and remain out of sight during this class as seeing parents can be quite disruptive to our members.

We also have a handy "Home Manual" designed to assist our parents in helping their children achieve their physical education benchmarks. If you would like a free manual, please contact your relevant coach directly.

Days and Times

We coach at the various campuses on the following days:

Carlswald Campus

Thursday from 08h30-11h20

Vorna Valley Campus

Friday from 09h00-11h20

Contact Details

If you require any further information, please do not hesitate to contact your relevant coach on one of the methods listed below.

Contact Details

Coach	Anthony Lord
Cell	082-940-3521
E-mail	anthony@kidzkoaching.co.za
Head Office	info@kidzkoaching.co.za
Fax	086-696-3256